



See what care can do for people with  
complex health conditions

# Thank you.

Your generosity helps bring compassionate care to patients and their loved ones during some of the most challenging times of their lives.

Each of our patients faces a journey. They arrive at Hennick Bridgepoint following a sudden health crisis, a traumatic injury, or a decline resulting from multiple, chronic health issues. But they all share the same, overarching goal — to get better.

Rehabilitation involves a great deal of work. It can be difficult. It's often daunting.

Hennick Bridgepoint was not only built to help patients get better, it was designed to inspire. As this report highlights, donors continue to help shape and realize our vision for a healing place that engages patients as active partners in their health journey.

Whether they must adapt to significant functional changes or have a full recovery, most find themselves changed by the experience. Your generosity helps make that experience a little easier, more positive and uplifting.

We are truly grateful for your support.

*Dr. Mark Lachmann*

*Medical Lead, Hennick Bridgepoint Hospital*





## Shining a spotlight on rehabilitation and complex care

Rehabilitation and complex care have received an unprecedented boost through the philanthropy of an incredible community of supporters – including the single largest gift in the history of Sinai Health, announced last fall.

In recognition of a transformational \$36 million gift from Jay and Barbara Hennick, Bridgepoint Active Healthcare was renamed Hennick Bridgepoint Hospital.

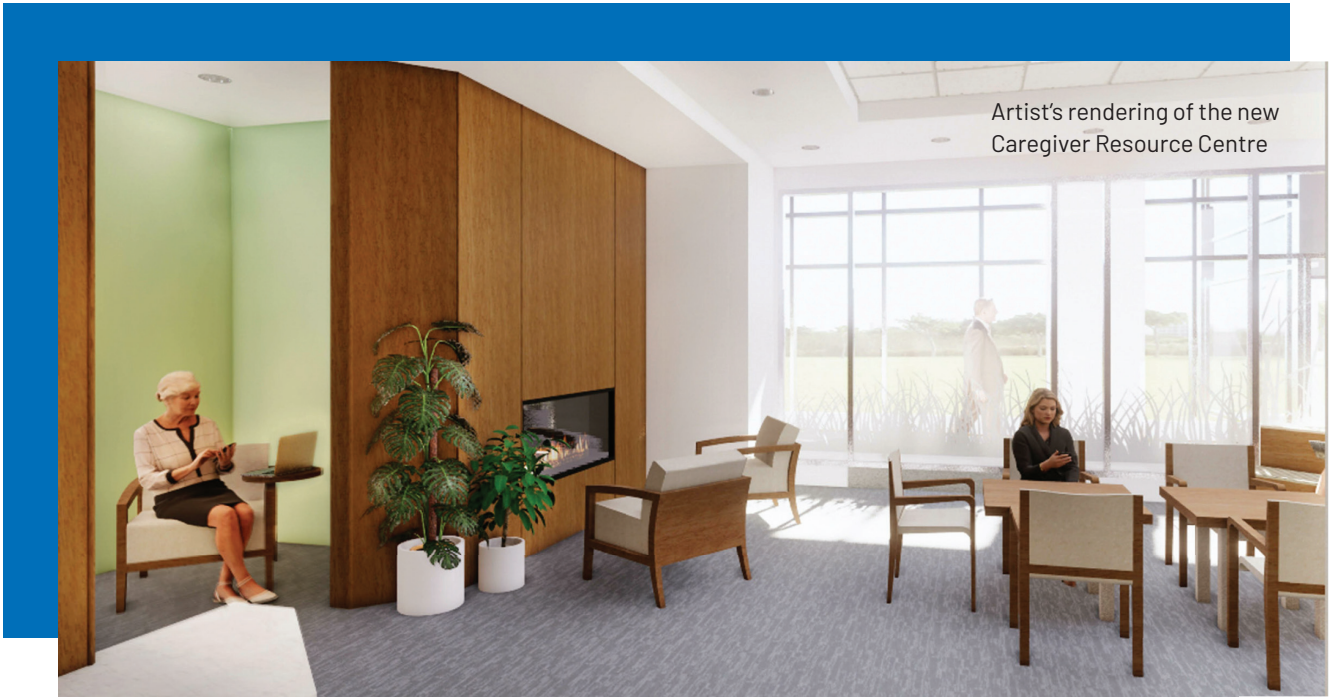
The Hennicks' gift includes unrestricted support for the highest priority programs at Hennick Bridgepoint, while also enabling Sinai Health to respond to the system's highest needs.

During his tenure as Chair of Mount Sinai Hospital's Board of Directors, Jay was a part of the team that oversaw the formation of Sinai Health. He continued to serve through 2016 as Chair of the newly established Sinai Health. Barbara sits on the Sinai Health Foundation Board of Directors and was President of the Mount Sinai Auxiliary from 2005 to 2007.

Hennick Bridgepoint has played a vital role during the pandemic, accepting the largest number of recovering COVID-19 patients from acute care hospitals across the province. The care provided will be even more important as Ontario's health-care system faces years of recovery, in addition to an ageing population with increasing medical complexity.

"The pandemic has underscored the vital importance of rehabilitation and complex care," says Dr. Gary Newton, President and CEO of Sinai Health. "Support for Hennick Bridgepoint Hospital is incredibly timely and impactful."

Jay and Barbara are proud to be associated with the excellent patient care for which Hennick Bridgepoint is known. "We feel truly fortunate and are honoured to join the incredible community that supports this jewel in our integrated health-care system."



Artist's rendering of the new Caregiver Resource Centre

# Providing a place for family caregivers to relax and recharge

The needs of family caregivers are as diverse as the needs of Hennick Bridgepoint's patients. That's why they've been widely consulted in the development of a new Caregiver Resource Centre, scheduled to open later this year.

Whether they seek a moment of respite, a late-night snack or an opportunity for social interaction with others who understand what they're going through, the Caregiver Resource Centre will provide a welcoming space designed to help meet family members' needs.

The Centre will also help families connect with useful information resources and programming, coordinated by onsite volunteers and staff.

This vital new space has been made possible by the generosity of Bernie Syron and his family.

**“ You can't compare Hennick Bridgepoint to other hospitals. It calms you down and puts you into a peaceful atmosphere where you work through healing. You come out a different person than you came in. ”**

Bernie Syron, donor and former Hennick Bridgepoint patient



Jeremy Lightstone

# Keeping patients connected

When Ian and Margaret Lightstone's son Jeremy lost his battle with cancer at the age of 35, they wanted to ensure that his short but impactful life would not be forgotten. His passion for all things digital inspired them to provide other patients with access to learning and a way to connect with loved ones.

The Jeremy Lightstone Patient & Family Resource Centre houses a library, educational space, computers and other resources that are vital to patients and their families. It's a place where patients can communicate with their

family and friends, learn new skills and stay connected with current events and their lives outside the hospital.

"It's important to support rehabilitation for chronic and complex illnesses," says Ian. "More and more, people are surviving cancer, heart disease, stroke and diabetes, and now live with other complications as a result of these diseases. We're proud that Jeremy's legacy helps these patients manage their health and live as normal a life as possible."

## A community of donors supporting world-class care

Hennick Bridgepoint is supported by a dedicated community of donors who contribute through their personal giving, the Great Jewelry Heist, Hero Ride and other fundraising events, as well as

tribute and corporate giving. On behalf of everyone at Hennick Bridgepoint, especially our patients and their families, we thank you!

# Getting cancer patients back on their feet

Sinai Health is a leader in specialized cancer care, including its internationally recognized expertise in breast, gastrointestinal, as well as women's and men's cancers.

In addition, Mount Sinai is home to Canada's largest multidisciplinary sarcoma program. Our team of experts are at the forefront of treatment planning and delivery of timely and comprehensive care for patients with typical, rare and complex bone and soft tissue sarcomas – including leadership in limb-sparing surgery for patients with complex bone tumours.

Through Sinai Health, more than 50 key stakeholders in primary cancer care and rehabilitation have come together to explore opportunities to elevate excellence in interdisciplinary cancer rehabilitation care and programming to benefit patients living with and recovering from cancer.

Supported by our donor community, our care teams look forward to developing and delivering exemplary models for better, more integrated patient care.



# From possibility to reality: Going home after a year in hospital

Juan Carlos Luaces was admitted to Mount Sinai's Intensive Care Unit in January 2021 with a severe case of COVID-19. Despite his active lifestyle and overall good health, he spent several weeks sedated and on a ventilator. Fortunately, his health gradually improved, and when he was ready, he was transferred to Hennick Bridgepoint to continue his recovery in complex continuing care.

Complex continuing care units support patients with breathing or feeding tubes, or other care needs considered too complex for long-term care. For many, the hospital becomes their permanent home.

"We're challenging that approach," says Rebecca Ramsden, Senior Clinical Program Director of Specialized Medicine and Complexity Care. "We consider every patient as having the potential for discharge. Whether a patient requires care for one year or 10, we refuse to lose sight of that possibility."

Juan Carlos participated in a low-intensity reconditioning program for complex patients. He credits that program for helping him regain his strength, ability to stand and walk with a walker. Throughout the process, he says the care team helped him remain optimistic and motivated as they worked towards his goal of going home.

That goal was achieved in April 2022. After more than a year in hospital, Juan Carlos was finally able to return home. Looking back, his wife Florife says his recovery seems like "a miracle." His journey is a testament to the donors who support Hennick Bridgepoint and Sinai Health's integrated care for patients and their families across the continuum of their health journey.



“ Often there’s not only physical healing, but emotional healing that needs to happen as well. When a patient goes home, we ensure that they — and their families — have the right supports in place. It’s a team effort. ”

Nicole Allard, Patient Care Manager



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