

BECAUSE YOU CARE.

2022 YEAR-END IMPACT REPORT



Thank you for your life-changing support. Just as patient care is delivered by many specialists, donor impact comes from a community of compassionate individuals, like you. Donor support helps us advance groundbreaking research and deliver world-class care to every patient, including those with unique needs. See how your generosity is making an impact.



OUR CARDIAC PHYSICIANS CARE FOR ABOUT **31,000 PATIENTS** EVERY YEAR

The Miles Nadal Heart Centre (MNHC) at Mount Sinai Hospital is a world leader in cardiac care and research in heart disease. Here, we bring together expertise and specialities for distinct populations, such as patients with heart failure, sleep apnea, breathlessness, women with heart disease and those who are pregnant.

DID YOU KNOW?

Insight from our research will save the lives of thousands of Canadian women every year



By understanding how heart health can be different in men and women, our research will help to save lives, particularly for women.

Mount Sinai is one of the few hospitals caring for heart failure patients



Sinai Health provides exemplary care for patients living with heart failure, 99% of whom are not eligible for heart transplants.

Our physicians developed the first vital risk score now used worldwide



This score helps predict which women have the highest chance of cardiac complications during pregnancy, so patients and their physicians can make more informed decisions and plans.

Thank you for supporting and advancing world-class, whole-patient care.

ADVANCING THE UNDERSTANDING OF HEALTHY CARDIOVASCULAR SYSTEMS

The experts at Mount Sinai's Cardiac Catheterization Lab diagnose some of the most complicated patient conditions and recommend optimal treatments. Each year, our lab acts as a true research powerhouse, enabling our clinician researchers to study large patient populations, advancing global understanding of what a healthy cardiovascular system looks like and the factors that cause it to fail, paving the way for more effective treatments for patients today and in the future.



Spotlight on cardiovascular research

Dr. Susanna Mak has developed the renowned BREATH program to provide state-of-the-art diagnostics for breathlessness related to aging and heart failure. She and her team are using this platform to research the causes of "long covid" (COVID-19 Long Syndrome).



LEADING THE WAY IN DIABETES RESEARCH

Over one million Canadians suffer from type 2 diabetes and a further two million are at high risk of developing the disease. The Leadership Sinai Centre for Diabetes, **ranked #1 in the world for diabetes research**, is advancing understanding and treatment at the local, provincial, national and international levels.

SINAI HEALTH DONORS SHOWED THEIR SUPPORT ON GIVING TUESDAY

For our second year supporting the Social Accountability and Health Equity Initiative on Giving Tuesday, our donors embraced the spirit of giving! More than \$75,600 was donated, and \$50,000 was matched by the Koffler Foundation – proud advocates of accessible health care.

The Social Accountability and Health Equity Initiative is committed to improving access to high-quality, equitable health care for all, regardless of language, race, religion, ability, gender, sexual orientation, income or any other individual characteristic.



Help us continue to change lives. Donate online at SupportSinai.ca/Renew