

# 100 Years of Impact

## Special Anniversary Impact Report

Thanks to the generosity of donors and the determination of a community, we've grown to become one of North America's pre-eminent medical, educational and research institutions, with a global impact on patient outcomes. **With the help of donor support, we will continue to be a trailblazer for the next century.**



## A century of revolutionary research and care.

Recognized as a global leader in health care and research, Mount Sinai has pioneered numerous procedures, treatments and discoveries that have transformed patient care. From performing the first heart intervention on an unborn baby to creating a tool for colorectal cancer prediction, Sinai Health continues to break new ground in health care. Our researchers continue to make life-changing discoveries, such as laying the foundation for Alzheimer's disease drugs and developing a drug that helps double an infertile woman's chance of pregnancy.



## A rich history of firsts.

**1953**

Launched the only outpatient department in Toronto to offer pre-natal instruction and diabetes education in four languages.

**1970**

Opened one of Canada's first mammography clinics.

**1985**

Opened Toronto's first high-risk pregnancy unit. Today, two-thirds of the pregnancies we care for are high-risk.

**2021**

Opened Canada's first Centre for Nursing Excellence focusing on nurse-led research and innovation.

We are proud of our remarkable accomplishments across the last 100 years – made possible through donor support.



## Meeting the unique healthcare needs of women.

Launched in 2022 and funded solely by donors, PYNK is an invaluable program for a historically underserved, yet growing patient population – young women with a breast cancer diagnosis. PYNK provides tailored care by connecting them with appropriate specialists, support and resources – from fertility preservation to balancing work with treatment.



## A future of healthier aging.

Dr. Graham Collingridge at the Lunenfeld-Tanenbaum Research Institute is exploring the role of genes in cognitive function and dysfunction, aiming to discover new treatments for Alzheimer's and Parkinson's diseases. The long-term goal is to find the answer to how to slow the impact of aging on the brain to prevent age-related brain disorders.

September is World Alzheimer's month, so we are especially grateful for Dr. Collingridge's team, whose research seeks to better understand the molecular causes of dementia.



## Why donor funding matters.

Philanthropy is crucial to the discovery of new treatments and therapies for better patient outcomes. It enables us to attract and retain the brightest minds, purchase state-of-the-art equipment, make breakthrough discoveries and translate science into new diagnostics, targeted therapies and clinical care models.

Thanks to you, we are poised for another century of care and discovery.